



Minor Coastal Flooding Friday, Moderate to Major HeatRisk with Elevated Fire
Weather Conditions Into Next Week

KEY POINTS

- Moderate to major HeatRisk across the interior through Thursday
- Elevated fire weather conditions across the higher terrain through Thursday
- Minor coastal flooding for bayshore locations along the San Francisco Bay, San Pablo Bay, and Monterey Bay Friday

WEATHER RISK OUTLOOK

Risk levels incorporate potential impacts from weather hazards and likelihood of occurrence for a reasonable worst-case scenario.

	Fri 10/2	Sat 10/3	Sun 10/4	Mon 10/5	Tue 10/6	Wed 10/7	Thu 10/8
North Bay Santa Rosa, Napa, San Rafael	Coastal Flooding	Heat	Heat	Heat	Heat	Heat	Heat
San Francisco Downtown SF	Coastal Flooding	Heat	Heat				
SF Peninsula Half Moon Bay, San Mateo, SFO	Coastal Flooding	Heat	Heat	Heat	Heat	Heat	Heat
East Bay Oakland, Concord, Livermore	Heat Coastal Flooding	Heat	Heat	Heat	Heat	Heat	Heat
South Bay San Jose, Gilroy	Heat Coastal Flooding	Heat	Heat	Heat	Heat	Heat	Heat
Santa Cruz County Santa Cruz, Boulder Creek, Corralitos	Coastal Flooding	Heat	Heat	Heat	Heat	Heat	Heat
Monterey & San Benito County Monterey, Salinas, Hollister	Heat Coastal Flooding	Heat	Heat	Heat	Heat	Heat	Heat

Risk Levels

Little to None

Minor

Moderate

Major

Extreme

DETAILS

North Bay



Heat

Impacts:

- Moderate Risk for heat-related illnesses for pets, livestock, and those who are sensitive to heat, especially those without effective cooling and/or adequate hydration
- Prolonged exposure to heat can result in heat stroke and heat exhaustion
- People experiencing homelessness, the elderly, children and those already with health issues are the most at risk

Timing:
Saturday through Thursday

Confidence:
Moderate to High

Details:

- Maximum temperatures in the mid-80s to near 100 across the interior
- Saturday will be the hottest day
- Pockets of major HeatRisk across the higher terrain is possible through Tuesday



Coastal Flooding

Impacts:

- Flooding of lots, parks, and roads with only isolated road closures expected
- High tides will result in flooding along coastal trails, cut off access to some low-lying coastal and bayshore areas, as well as bring water and waves farther up the coast than normal

Timing:
During the highest high tide Friday evening

Confidence:
High

Details:
At the San Francisco tidal gauge, high tide is expected to be:

- 0.9 ft above normal (6.7 ft MLLW) at 3:58 PM Friday 10/02

These predictions include up to 0.7 ft of surge that will enhance the astronomical tide and flooding threat. High tide varies up to 90 minutes earlier or later along the Pacific Coast and through the San Francisco Bay, respectively.

San Francisco



Heat

Impacts:

- Moderate Risk for heat-related illnesses for pets, livestock, and those who are sensitive to heat, especially those without effective cooling and/or adequate hydration
- Prolonged exposure to heat can result in heat stroke and heat exhaustion
- People experiencing homelessness, the elderly, children and those already with health issues are the most at risk

Timing:

Saturday through Sunday

Confidence:

Moderate

Details:

- Maximum temperatures in the upper 70s to mid-80s near the bayshore with the Pacific Coastline remaining in the low-to-mid 70s
- Saturday will be the hottest day for the bayshore



Coastal Flooding

Impacts:

- Flooding of lots, parks, and roads with only isolated road closures expected
- High tides will result in flooding along coastal trails, cut off access to some low-lying coastal and bayshore areas, as well as bring water and waves farther up the coast than normal

Timing:

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SF Peninsula



Heat

Impacts:

- Moderate Risk for heat-related illnesses for pets, livestock, and those who are sensitive to heat, especially those without effective cooling and/or adequate hydration
- Prolonged exposure to heat can result in heat stroke and heat exhaustion
- People experiencing homelessness, the elderly, children and those already with health issues are the most at risk

Timing:

Saturday through Thursday

Confidence:

Moderate to High

Details:

- Maximum temperatures in the 80s to low-90s along the Bayshore and Santa Cruz Mountains
- Saturday will be the hottest day
- Pockets of major HeatRisk is possible along the bayshore over the weekend



Coastal Flooding

Impacts:

- Flooding of lots, parks, and roads with only isolated road closures expected
- High tides will result in flooding along coastal trails, cut off access to some low-lying coastal and Bayshore areas, as well as bring water and waves farther up the coast than normal

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During the highest high tide Friday evening

Confidence:

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Heat

Impacts:

- Moderate to High Risk for heat-related illnesses for pets, livestock, and much of the population, especially with extended outdoor exposure, and for those who are heat sensitive and/or without effective cooling and/or adequate hydration
- Prolonged exposure to heat can result in heat stroke and heat exhaustion
- People experiencing homelessness, the elderly, children and those already with health issues are the most at risk
- There is also an increased risk to children and pets left unattended in hot vehicles or outdoors

Timing:
Moderate HeatRisk Friday through Thursday with Major HeatRisk Saturday through Sunday

Confidence:
Moderate to High

Details:

- Saturday and Sunday will be the hottest days this forecast period with maximum temperatures in the mid-80s to low-90s along the Bayshore and mid-90s to near 100 across the interior
- Outside of the weekend, maximum temperatures will be in the 80s along the Bayshore and mid to upper-90s across the interior
- Widespread Major HeatRisk across the interior over the weekend with pockets of Major HeatRisk into early next week



Coastal Flooding

Impacts:

- Flooding of lots, parks, and roads with only isolated road closures expected
- High tides will result in flooding along coastal trails, cut off access to some low-lying coastal and bayshore areas, as well as bring water and waves farther up the bayshore than normal

Timing:
During the highest high tide Friday evening

Confidence:
High

Details:
At the San Francisco tidal gauge, high tide is expected to be:

- 0.9 ft above normal (6.7 ft MLLW) at 3:58 PM Friday 10/02

These predictions include up to 0.7 ft of surge that will enhance the astronomical tide and flooding threat. High tide varies up to 90 minutes earlier or later along the Pacific Coast and through the San Francisco Bay, respectively.

South Bay



Heat

Impacts:

- Moderate to High Risk for heat-related illnesses for pets, livestock, and much of the population, especially with extended outdoor exposure, and for those who are heat sensitive and/or without effective cooling and/or adequate hydration
- Prolonged exposure to heat can result in heat stroke and heat exhaustion
- People experiencing homelessness, the elderly, children and those already with health issues are the most at risk
- There is also an increased risk to children and pets left unattended in hot vehicles or outdoors

Timing:

Moderate HeatRisk Friday through Thursday with Major HeatRisk Saturday through Sunday

Confidence:

Moderate to High

Details:

- Saturday and Sunday will be the hottest days this forecast period with maximum temperatures in the upper-80s to low-100s
- Outside of the weekend, maximum temperatures will be in the 80s to upper-90s
- Widespread Major HeatRisk in the Santa Clara Valley over the weekend with pockets on Monday
- The immediate bayshore will remain in Moderate HeatRisk through the forecast period



Coastal Flooding

Impacts:

- Flooding of lots, parks, and roads with only isolated road closures expected
- High tides will result in flooding along coastal trails, cut off access to some low-lying coastal and bayshore areas, as well as bring water and waves farther up the bayshore than normal

Timing:

During the highest high tide Friday evening

Confidence:

High

Details:

At the San Francisco tidal gauge, high tide is expected to be:

- 0.9 ft above normal (6.7 ft MLLW) at 3:58 PM Friday 10/02

These predictions include up to 0.7 ft of surge that will enhance the astronomical tide and flooding threat. High tide varies up to 90 minutes earlier or later along the Pacific Coast and through the San Francisco Bay, respectively.



Heat

Impacts:

- Moderate Risk for heat-related illnesses for pets, livestock, and those who are sensitive to heat, especially those without effective cooling and/or adequate hydration
- Prolonged exposure to heat can result in heat stroke and heat exhaustion
- People experiencing homelessness, the elderly, children and those already with health issues are the most at risk

Timing:

Saturday through Thursday

Confidence:

Moderate to High

Details:

- Maximum temperatures in the 80s to low-90s, up to the high-90s in the Santa Cruz Mountains
- Saturday will be the hottest day
- Pockets of major HeatRisk is possible in the higher terrain of the Santa Cruz Mountains over the weekend



Coastal Flooding

Impacts:

- Flooding of lots, parks, and roads with only isolated road closures expected
- High tides will result in flooding along coastal trails, cut off access to some low-lying coastal areas, as well as bring water and waves farther up the coast than normal

Timing:

During the highest high tide Friday evening

Confidence:

High

Details:

At the Monterey tidal gauge, high tide is expected to be:

- 1.1 ft above normal (6.4 ft MLLW) at 2:48 PM Friday 10/02

These predictions include up to 0.7 ft of surge that will enhance the astronomical tide and flooding threat. High tide varies up to 90 minutes earlier or later along the Pacific Coast.

Monterey & San Benito County



Heat

Impacts:

- Moderate Risk for heat-related illnesses for pets, livestock, and those who are sensitive to heat, especially those without effective cooling and/or adequate hydration
- Prolonged exposure to heat can result in heat stroke and heat exhaustion
- People experiencing homelessness, the elderly, children and those already with health issues are the most at risk

Timing:

Saturday through Thursday

Confidence:

Moderate to High

Details:

- Maximum temperatures in the 90s to low-100s across the interior with the coast remaining in the mid-70s to upper-80s
- Saturday will be the hottest day
- Areas of major HeatRisk is possible across the interior over the weekend



Coastal Flooding

Impacts:

- Flooding of lots, parks, and roads with only isolated road closures expected
- High tides will result in flooding along coastal trails, cut off access to some low-lying coastal areas, as well as bring water and waves farther up the coast than normal

Timing:

During the highest high tide Friday evening

Confidence:

High

Details:

At the Monterey tidal gauge, high tide is expected to be:

- 1.1 ft above normal (6.4 ft MLLW) at 2:48 PM Friday 10/02

These predictions include up to 0.7 ft of surge that will enhance the astronomical tide and flooding threat. High tide varies up to 90 minutes earlier or later along the Pacific Coast.

FOR MORE INFORMATION

For the latest forecast updates, visit weather.gov/bayarea.

If you have questions or would like to submit weather reports, photos, or to unsubscribe from these briefings, email w-mtr.webmaster@noaa.gov or call **Unlisted: (831) 656-1717**.

GRAPHICS



Heat Advisory This Weekend

Weather Forecast Office
San Francisco Bay Area
Thursday, October 1

What

- Inland highs in the middle 90s up to 103°F
- Overnight lows in the upper 60s to middle 70s in the higher elevations will limit overnight recoveries

Where

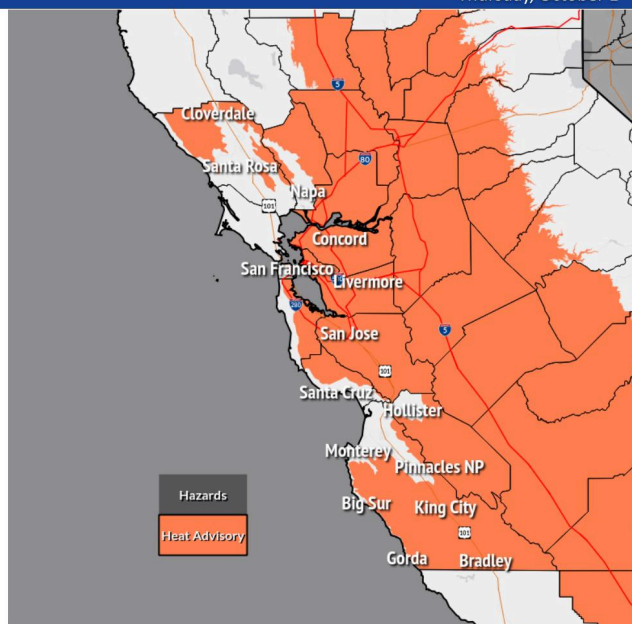
- Sonoma Coastal Range, North Bay Interior Mountains, San Francisco Bay Shoreline, East Bay and South Bay, Santa Cruz Mountains, Santa Lucia Range, Southern Salinas Valley, Interior Central Coast Mountains

When

- 11 AM Saturday to 10 PM Sunday

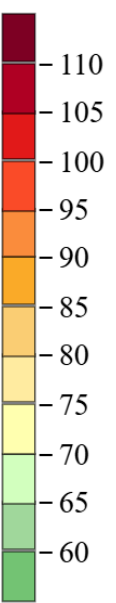
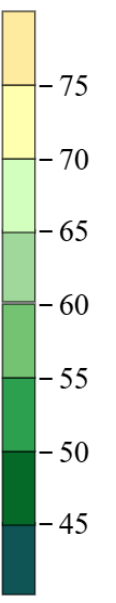
Impacts & Safety

- These conditions can cause heat illnesses if outdoors for long periods, especially with physical exertion
- Drink plenty of water or sports drinks
- Do not leave people or pets in unattended vehicles
- Take frequent breaks in air conditioning or shade
- Shift outdoor activity to cooler times of the day



Heat Advisory for October 3-4, 2026

Maximum Temperature (°F) & Minimum Temperature (°F) Forecast

		10/2	10/3	10/4	10/5	10/6	10/7	10/8		
		Fri	Sat	Sun	Mon	Tue	Wed	Thu		
Concord	Max Temp	93	99	98	98	98	97	96	Maximum Temperature Forecast (°F)	
	Min Temp	59	64	66	64	64	65	66		
Hollister	Max Temp	91	97	95	95	95	96	95		
	Min Temp	61	65	68	67	66	67	67		
Livermore	Max Temp	92	99	98	96	96	96	94		
	Min Temp	61	66	67	65	64	66	66		
Monterey	Max Temp	72	75	75	75	76	77	76		
	Min Temp	56	58	61	61	61	63	63		
Napa	Max Temp	87	94	93	92	93	93	90		
	Min Temp	56	61	63	62	61	62	63		
Oakland	Max Temp	81	88	85	82	84	85	83	Minimum Temperature Forecast (°F)	
	Min Temp	58	61	64	63	63	64	64		
Salinas	Max Temp	77	83	82	81	82	83	83		
	Min Temp	58	63	65	64	63	65	66		
San Francisco	Max Temp	78	83	80	75	76	77	76		
	Min Temp	57	59	62	62	61	62	63		
San Jose	Max Temp	88	95	94	92	92	92	91		
	Min Temp	61	64	67	66	65	66	67		
San Mateo	Max Temp	85	89	88	86	86	87	86		
	Min Temp	58	60	64	62	62	63	64		
San Rafael	Max Temp	88	93	93	92	93	93	90		
	Min Temp	55	60	62	61	61	62	62		
Santa Cruz	Max Temp	80	86	85	84	85	86	85		
	Min Temp	58	62	64	63	63	64	65		
Santa Rosa	Max Temp	88	96	94	92	92	92	91		
	Min Temp	54	59	63	59	59	60	61		

Watsonville	Max Temp	79	84	83	82	84	85	84
	Min Temp	58	62	63	63	63	65	66

Max/Min Temperature Oct 2-8, 2026

Maximum HeatRisk Forecast

	10/2	10/3	10/4	10/5	10/6	10/7
	Fri	Sat	Sun	Mon	Tue	Wed
Concord	3	2	2	3	3	3
Hollister	3	3	3	3	3	3
Livermore	3	3	2	3	3	2
Monterey	1	1	1	1	1	1
Napa	2	2	2	2	2	2
Oakland	2	2	2	2	2	2
Salinas	2	2	2	2	2	2
San Francisco	2	2	1	1	1	1
San Jose	3	3	3	3	3	3
San Mateo	2	2	2	2	2	2
San Rafael	2	2	2	2	2	2
Santa Cruz	2	2	2	2	3	2
Santa Rosa	2	2	2	2	2	2
Watsonville	2	2	2	2	2	2



Maximum HeatRisk



Minor Coastal Flooding

Weather Forecast Office
San Francisco Bay Area
Thursday, October 1

What

- Up to 0.9 ft of inundation above ground level is possible in low-lying areas near shorelines and tidal waterways

Where

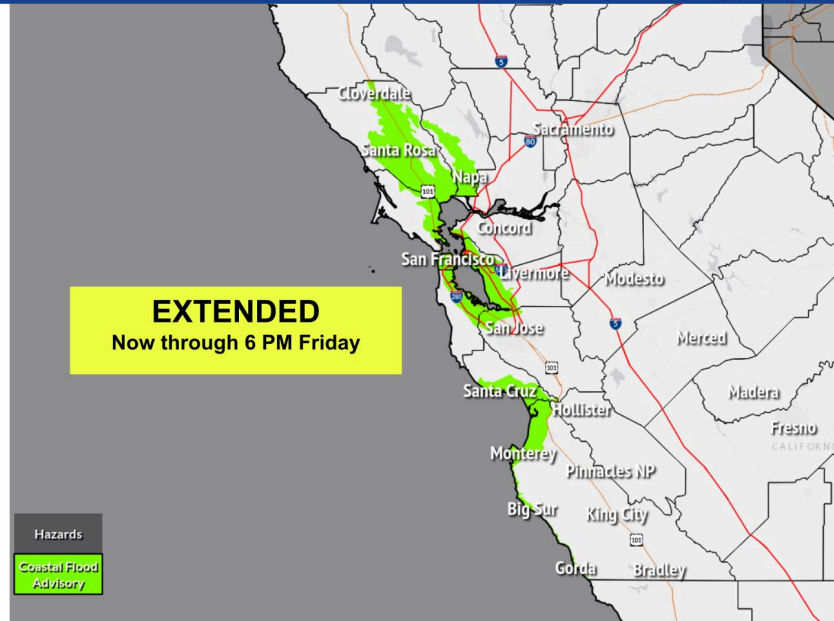
- Bayshore locations along the San Francisco Bay, San Pablo Bay, and Monterey Bay

When

- Now through 6 PM Friday

Impacts & Safety

- If travel is required, allow extra time as some roads may be closed
- Do not drive around barricades or through water of unknown depth
- Take the necessary actions to protect flood-prone property



Coastal Flood Advisory extended through Friday 6 PM PDT